CHEF SALAD  Lettuce, Ham, Turkey, Cucumbers, Tomato, Egg, Cheese, Croutons, Choice of dressing: Ranch, French, Italian, comes with 8 oz. Milk or Water Bottle	5.25 Meal 4.00 Salad
GARDEN SALAD  Lettuce, Cucumbers, Tomato, Egg, Cheese, Croutons, Choice of dressing: Ranch, French, Italian, comes with 8 oz.  Milk or Water Bottle	5.25 Meal 4.00 Salad
GREEK SALAD Romaine Lettuce, Grilled Chicken Slices, Cucumbers, Tomato, Black Olives, Feta Cheese & Greek Dressing with 8oz Milk or Water Bottle	5.25 Meal 4.00 Salad
<b>SOUTHWEST SALAD</b> Lettuce, Grilled Chicken Slices, Black Bean & Corn Relish, Crispy Tortilla Strips and Ranch Dressing with 8oz Milk or Water Bottle	5.25 Meal 4.00 Salad
CAESAR SALAD  Crisp Romaine Lettuce, Grilled Chicken Slices, Parmesan Cheese, Croutons, Caesar Dressing with 8 oz milk or Water Bottle	5.25 Meal 4.00 Salad
WRAP SANDWICH The wrap of the week with 8oz Milk or Water Bottle (Selection of the week is listed on the High School Menu)	5.25 Meal 4.00 Wrap
SUB SANDWICH MEAL  Choose:  I. Wheat, Wheat Cheese, Wheat Italian Herb, Wheat Italian Herb Cheese - Fresh Baked  2. Turkey, Ham, Salami, or Pepperoni (Any or All)  3. American, Swiss, Provolone, Colby or Pepper Jack (Choose no more than 2)  4. Lettuce, Pickle (Any or All)  5. Mayo, Mustard, Ranch  6. Baked Lays, BBQ Baked Lays (Choose I)  Meal comes with 8oz Milk or Water Bottle	5.25
SUB SANDWICH ONLY No Chips or Milk Included	4.00
<b>CROISSANT SANDWICH</b> Homemade Tuna or Chicken Salad on a Croissant. Served with carrots and 8oz milk or Water Bottle	5.25 Meal 4.00 Sandwich
ALLENDALE PINWHEELS  Seasoned Cream Cheese with Lettuce, Shredded Cheese, Turkey or Ham rolled in a Tortilla, and sliced. Served with fruit, carrots and 8oz Milk or Water Bottle	5.25
CHICKEN SANDWICH, OR SPICY CHICKEN SANDWICH Entrée Only - Add 8oz. Milk or Water Bottle, Fruit & Vegetable for a Lunch \$4.00	3.00