

## Michigan Sex Education Curriculum Requirements

Instruction in HIV/AIDS and sex education must stress that abstinence from sex is a responsible and effective method of preventing unplanned or out-of-wedlock pregnancy, and that it is the only protection that is 100% effective against unplanned pregnancy, STIs, and sexually transmitted HIV infection and AIDS. (§380.1169, §380.1507, §380.1507b)

Instruction in HIV/AIDS must include the principal modes by which dangerous communicable diseases are spread and the best methods for the restriction and prevention of these diseases. (§380.1169)

Sex education material and instruction discussing sex must be age-appropriate, must not be medically inaccurate, and must do all of the following:

- A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.
- B. Include a discussion of the possible emotional, economic, and legal consequences of sex.
- C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.
- D. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.
- E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity.
- F. Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.
- G. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.
- H. Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.
- I. Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.
- J. Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law.
- K. Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that 1 of the other results of being convicted of this crime is to be listed on the sex offender registry on the internet for up to 25 years.

### Allendale Public Schools Attainment of Program Goals

The following data shows the percent of students who have demonstrated understanding of the required content prior to instruction (pre-test data) and following instruction (post-test data) from the 2023-24 and 2024-25 school years.

	8th Grade Pre-test	8th Grade Post-test		High School Pre-test	High School Post-test
Benefits of Abstinence (A)	40%	91%		77%	92%
Consequences of Sex (B, C)	82%	93%		80%	89%
Laws (D, E, J, K)	61%	86%		77%	89%
Refusal Skills & Personal Control (F, G, H)	71%	81%		74%	87%
Healthy Relationships (I)	87%	91%		87%	99%

