

## 2025 Summer Camp Information

Register and Pay for camps at [allendaleathletics.revtrak.net](http://allendaleathletics.revtrak.net)

Parents need to create an account

Register your child for camps and add to cart

Payment for all camps can be done in one transaction

Sport: **Wrestling (Open Mats)**

Dates: March-October (All Spring/Summer/Fall)

Where: MS or HS Multipurpose Room

Session & Cost

**Free** for all K-12 athletes. All experience levels are welcome.

Tuesdays & Thursdays from 6:00-7:00 pm (Bring a partner your size)

Questions, contact: [silveiraron@apsfalcons.net](mailto:silveiraron@apsfalcons.net)

Sport: **Boys Volleyball**

Dates: June 17,18,19

Where: Middle School Gym

Sessions & Cost:

5th - 6th Grade (8am-10am) **\$50**

7th - 8th Grade (10am-Noon) **\$50**

Sport: **Volleyball**

Dates: July 14, 15, 16

Where: High School Gym

Sessions & Cost:

K-3rd Grade (10:30-11:30am) **\$45**

4th - 6th Grade (11:30-12:30am) **\$45**

7th - 8th Grade (12:30pm-2:00pm) **\$50**

9th-12th Grade (July 14 & 15 | 6:30-9:00pm, July 16 | 8-10:30am) **\$60** -\*Please register by June 14th in order to receive your desired size in the camp t-shirt!\*

Sport: **Boys and Girls Soccer**

Dates: July 14-15-16-17

Where: Middle School Soccer Field

Sessions & Cost:

1st Grade - 3rd Grade (6pm - 7:30pm) **\$47**

4th Grade - 6th Grade (6:30pm - 8:00pm) **\$47**

**\*Allendale Soccer T shirt included**

Sport: **Girls Basketball**

Dates: June 10 - 12

Where: High School Gym

Sessions & Cost:

Kindergarten - 2nd Grade (9:15 - 10:45am) **\$45**

3rd - 5th Grade (10:45 - 12:15pm) **\$45**

6th - 8th Grade Skills Camp (7:00 - 8:30pm) **\$50**

\*Please register by May 30 in order to receive your t-shirt at camp!\*

Sport: **Boys Basketball**

Dates: June 9-12

Where: High School Gym

Sessions & Cost:

June 10-12 Kindergarten - 2nd Grade (9:15am - 10:45am) **\$45**

June 10-12 3rd - 5th Grade (10:45am - 12:15pm) **\$45**

June 9-11 6th - 8th Grade Offensive Skills Camp (12:30pm - 2pm) **\$50**

\*Please register by May 30 in order to receive your t-shirt at camp!\*

Sport: **K-8th Rocket Football**

Dates: July 21-24

Where: Allendale Rocket Football Fields

Sessions & Cost: **\$35**

Sport: **Softball**

Dates: June 19, 20

Where: High School Softball Field

Sessions & Cost:

3rd, 4th & 5th Grade: 9am - 11am **\$50**

6th, 7th & 8th Grade: 11am - 1pm **\$50**

\*Shirt included if payment is received by June 2nd\*

Sport: **Cheer-Summer camp**

Dates: July 8-10

Where: High School Cheer Room

Sessions & Cost:

2nd- 3rd Grades (5:30pm - 6:30pm) **\$45**

4th - 5th Grades (7pm - 8:30pm) **\$55**

Sport: **Cheer-Rocket Cheerleading**

Sessions & Cost:

2nd-3rd Grade Practices: Starting the week of August 25- Thursdays at Evergreen Elementary **\$55**

4th - 5th Grade Practices: Starting the week of August 18 - Tuesdays/Thursdays at Oakwood **\$80**

### **Summer Strength and Conditioning Program (F.A.S.T.)**

When: June 9th - July 31st **\*\*No yoga June 25 \*\*No FAST June 30-July 6**

Where: High School weight room and gym.

Who: HS boys and girls and Incoming 7th and 8th grade middle school boys and girls

Cost:

High School Athletes **\$70**

Middle School Athletes **\$35**

F.A.S.T Sessions:

Monday

6:15-7:15 AM High School Football

7:15-8:15 AM High School Boys

8:15-9:15 AM High School Girls

Tuesday

6:15-7:15 AM High School Football

7:15-8:15 AM High School Boys

8:15-9:15 AM High School Girls

9:15-10:15 AM 7th and 8th Grade Boys & Girls

Wednesday

7-8 PM All High School Yoga

Thursday

6:15-7:15 AM High School Football

7:15-8:15 AM High School Boys

8:15-9:15 AM High School Girls

9:15-10:15 AM 7th and 8th Grade Boys & Girls

Sport: **Girls Cross Country** ([SIGN UP LINK HERE](#))

Days: Monday, Wednesday, Friday (June 16th-August 1st)

Time 8:15 AM - 9:45 AM

Where: Various Locations

Sport: **Boys Cross Country** ([SIGN UP LINK HERE](#))

Days: June 16th through August 9th

Where:

- Tuesday's from 6pm - 7:30pm various locations
- Thursday's from 6pm - 7:30pm various locations
- Saturday's from 8am - 9:30am various locations

Locations to be emailed out at the beginning of each week.

Contact Coach Jones for questions - [philipj@itc-us.com](mailto:philipj@itc-us.com) or 616-298-4040

**Additional camps may be added this summer! Check our website for up to date information.**

### **Questions? Contact Us:**

Jason Dykstra- Athletic Director- Jason Dykstra  
Taylor Evans- Athletic Secretary- Taylor Evans  
Ron Silveira -Wrestling K-12 - silveiraron@apsfalcons.net  
Katie Price- Volleyball- katelynprice0508@gmail.com  
Santana Huerta- Girls Soccer- huertasant@gmail.com  
Mike Chojnacki- Boys Soccer- mkchojnacki@msn.com  
Melanie Adema- Girls Basketball- Melanie Adema  
David Brown - Boys Basketball - David Brown  
Halle Carpenter- Softball- Halle Carpenter  
Tamy Geerts- Cheerleading- tamygeerts28@gmail.com  
Joel Brose- Football- Joel Brose  
Doug Johnson- FAST- Doug Johnson  
Taylor Evans- Girls XC- Taylor Evans  
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