

# ADULT MENU

## CHEF SALAD

Lettuce, Ham, Turkey, Cucumbers, Tomato, Egg, Cheese, Croutons, Choice of dressing: Ranch, French, Italian, comes with 8 oz. Milk or Water Bottle

5.25 Meal

4.00 Salad

## GARDEN SALAD

Lettuce, Cucumbers, Tomato, Egg, Cheese, Croutons, Choice of dressing: Ranch, French, Italian, comes with 8 oz. Milk or Water Bottle

5.25 Meal

4.00 Salad

## GREEK SALAD

Romaine Lettuce, Grilled Chicken Slices, Cucumbers, Tomato, Black Olives, Feta Cheese & Greek Dressing with 8oz Milk or Water Bottle

5.25 Meal

4.00 Salad

## SOUTHWEST SALAD

Lettuce, Grilled Chicken Slices, Black Bean & Corn Relish, Crispy Tortilla Strips and Ranch Dressing with 8oz Milk or Water Bottle

5.25 Meal

4.00 Salad

## CAESAR SALAD

Crisp Romaine Lettuce, Grilled Chicken Slices, Parmesan Cheese, Croutons, Caesar Dressing with 8 oz milk or Water Bottle

5.25 Meal

4.00 Salad

## WRAP SANDWICH

The wrap of the week with 8oz Milk or Water Bottle  
(Selection of the week is listed on the High School Menu)

5.25 Meal

4.00 Wrap

## SUB SANDWICH

Choose:

1. Wheat, Wheat Cheese, White, White Cheese, or White Italian Herb - Fresh Baked
2. Turkey, Ham, Salami, or Pepperoni (Any or All)
3. American, Swiss, Provolone, Colby or Pepper Jack (Choose no more than 2)
4. Lettuce, Pickle (Any or All)
5. Mayo, Mustard, Ranch
6. Baked Lays, Sour Cream Onion Baked Lays, BBQ Baked Lays (Choose 1)

Meal comes with 8oz Milk or Water Bottle

5.25

## SUB SANDWICH ONLY

No Chips or Milk Included

4.00

## CROISSANT SANDWICH

Homemade Tuna or Chicken Salad on a Croissant. Served with carrots and 8oz milk or Water Bottle

5.25 Meal

4.00 Sandwich

## ALLENDALE PINWHEELS

Seasoned Cream Cheese with Lettuce, Shredded Cheese, Turkey or Ham rolled in a Tortilla, and sliced. Served with fruit, carrots and 8oz Milk or Water Bottle

5.25

## CHICKEN SANDWICH, OR SPICY CHICKEN SANDWICH

Entrée Only - Add 8oz. Milk or Water Bottle, Fruit & Vegetable for a Lunch \$4.00

3.00

You may pay Cash or use your Food Service Debit Account.

Please place your order by 9:00 AM, email Freida Grotenrath at [grotentrathfre@apsfalcons.net](mailto:grotentrathfre@apsfalcons.net)

Your order will be in your building by 10:15, Any questions call ext. 1606