

# Allendale Public Schools Gluten Free December 2023

Breakfast w/ Milk -.00 All buildings will be a GF cereal available daily.

Lunch w/ Milk-.00

**LUNCHES MUST BE ORDERED BY EMAILING  
BROUWERJOD@APSFALCONS.NET BY 9:00 AM**

**Meals are transported to your students building if they are not ordered they won't have a lunch. All options may contain Dairy & Egg**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> GF Waffles  <u>Sides</u> Potato Triangle Applesauce	<b>5</b> Cheeseburger On a GF Bun  <u>Sides</u> Leafy Greens Oranges	<b>6</b> GF Chicken Nuggets  <u>Sides</u> Baked Beans Peaches	<b>7</b> Yogurt, Cheesestick & KIND Bar w/ Fruit  <u>Sides</u> Steamed Broccoli Diced Pears	<b>8</b> Turkey & Cheese GF Sub Sandwich w/ Chips  <u>Sides</u> Carrots Strawberry Cup
<b>11</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> California Blend Watermelon	<b>12</b> Chef Salad  <u>Sides</u> Potato Rounds Grapes	<b>13</b> SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips  <u>Sides</u> Fiesta Beans Strawberry Cup	<b>14</b> Beef Hot Dog on GF Bun  <u>Sides</u> Steamed Broccoli Apple slices	<b>15</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> Carrots Pears
<b>18</b> GF Chicken Nuggets  <u>Sides</u> Dragon Punch Applesauce	<b>19</b> Cheeseburger On GF Bun  <u>Sides</u> Carrots Diced Pears	<b>20</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> Broccoli Banana	<b>21</b> Grilled Chicken w/ Mashed Potatoes  <u>Sides</u> Green Beans Applesauce	<b>22</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> Corn Strawberry Cup



**Have a Fun & Safe Holiday Break,  
see you on Monday January 8, 2024**

All menu items may contain: milk, eggs, fish/shellfish, or soy. \*Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at [allendale.familyportal.cloud](http://allendale.familyportal.cloud) USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.