

Allendale Public Schools

Gluten Free

January 2024

Breakfast w/ Milk -.00 All buildings will be a GF cereal available daily.

Lunch w/ Milk-.00

**LUNCHES MUST BE ORDERED BY EMAILING
BROUWERJOD@APSFALCONS.NET BY 9:00 AM**

Meals are transported to your students building if they are not ordered they won't have a lunch. All options may contain Dairy & Egg

Monday	Tuesday	Wednesday	Thursday	Friday
8 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Broccoli Applesauce	9 Chef Salad <u>Sides</u> Cucumbers Slices Orange Slices	10 GF Grilled Chicken Sand- wich <u>Sides</u> Carrots Apple	11 GF Chicken Nuggets <u>Sides</u> Corn Diced Peaches	12 SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Fruit Sidekick
15 GF Waffles <u>Sides</u> Potato Triangle Applesauce	16 Cheeseburger On a GF Bun <u>Sides</u> Leafy Greens Oranges	17 GF Chicken Nuggets <u>Sides</u> Baked Beans Peaches	18 No Lunch Today	19 No Lunch Today
22 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> California Blend Applesauce	23 Chef Salad <u>Sides</u> Potato Rounds Grapes	24 SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Strawberry Cup	25 Chicken Bacon Ranch Salad <u>Sides</u> Broccoli Apple slices	26 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Carrots Pears
29 GF Chicken Nuggets <u>Sides</u> Dragon Punch Applesauce	30 Greek Salad w/ Chicken <u>Sides</u> Carrots Diced Pears	31 Yogurt, Cheesestick & KIND or Luna Bar w/ Fruit <u>Sides</u> Steamed Broccoli Diced Pears	1 Hot Dog On a Bun <u>Sides</u> Baked Beans Diced Peaches	2 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Corn Strawberry Cup

All menu items may contain: milk, eggs, fish/shellfish, or soy. *Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at allendale.familyportal.cloud USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.