

# Allendale Public Schools

Breakfast w/ Milk -.00 All buildings will have a GF cereal available daily.

Lunch w/ Milk-.00





**LUNCHES MUST BE ORDERED BY EMAILING**

**BROUWERJOD@APSFALCONS.NET BY 9:00 AM**

**Meals are transported to your students building if they are not ordered they won't have a lunch. All options may contain Dairy & Egg**



**Gluten Free  
March 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> Broccoli Applesauce	<b>5</b> Chef Salad  <u>Sides</u> Cucumbers Slices Orange Slices	<b>6</b> GF Grilled Chicken Sandwich  <u>Sides</u> Carrots Apple	<b>7</b> GF Chicken Nuggets  <u>Sides</u> Corn Diced Peaches	<b>8</b> SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Fruit Sidekick
<b>11</b> GF Waffles  <u>Sides</u> Potato Triangle Applesauce	<b>12</b> Cheeseburger On a GF Bun  <u>Sides</u> Carrots Oranges	<b>13</b> 	<b>14</b> 	<b>15</b> 
<b>18</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> California Blend Pears	<b>19</b> Chef Salad  <u>Sides</u> Carrots w/ dip Grapes	<b>20</b> SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Strawberry Cup	<b>21</b> Chicken Bacon Ranch Salad  <u>Sides</u> Broccoli Apple slices	<b>22</b> GF Pizza Pocket Pepperoni & Cheese  <u>Sides</u> Carrots Pears
<b>25</b> GF Chicken Nuggets  <u>Sides</u> Dragon Punch Applesauce	<b>26</b> GF Pizza Pocket  <u>Sides</u> Carrots Diced Pears	<b>27</b> Yogurt, Cheese Stick & KIND or Luna Bar w/ Fruit  <u>Sides</u> Broccoli Banana	<b>28</b> Hot Dog On a Bun  <u>Sides</u> Baked Beans Diced Peaches	<b>29</b> 

All menu items may contain: milk, eggs, fish/shellfish, or soy. \*Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at [allen-dale.familyportal.cloud](http://allen-dale.familyportal.cloud) USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.