



Allendale Public Schools

Gluten Free Menu

May/June 2025

Breakfast w/ Milk --.00 All buildings will have a GF cereal available daily.
Lunch w/ Milk--.00

**LUNCHES MUST BE ORDERED BY EMAILING
BROUWERJOD@APSFALCONS.NET BY 9:00 AM**

Meals are transported to your students building, if they are not ordered they won't have a lunch. All options may contain Dairy & Egg.

Monday		Tuesday		Wednesday		Thursday		Friday	
5	GF Waffles Sausage Patty*	6	GF Pizza Pocket Pepperoni & Cheese	7	Yogurt, Cheese Stick & KIND or LUNA Bar	8	Hot Dog on a GF Bun	9	Turkey & Cheese Sub on a GF Bun
<u>Sides</u> Potato Triangle Applesauce		<u>Sides</u> Leafy Greens Oranges		<u>Sides</u> Broccoli Pears		<u>Sides</u> Baked Beans Peaches		<u>Sides</u> Carrots Strawberry Cup	
12	GF Chicken Nuggets	13	Lunch Kit - Remove Crackers Replace with GF Crackers, Fruit Roll	14	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips	15	Hot Dog on a GF Bun	16	GF Pizza Pocket Pepperoni & Cheese
<u>Sides</u> Green Beans Blueberries		<u>Sides</u> Carrots Grapes		<u>Sides</u> Fiesta Beans Strawberry Cup		<u>Sides</u> Potato Smiles Apple Slices		<u>Sides</u> Broccoli Pears	
19	GF Waffles, Sausage Patty* & Egg Patty	20	GF Pizza Pocket Pepperoni & Cheese	21	Yogurt, Cheese Stick & KIND or LUNA Bar	22	Hot Dog on a GF Bun	23	GF Pizza Pocket Pepperoni & Cheese
<u>Sides</u> Dragon Punch Applesauce		<u>Sides</u> Potato Smiles Diced Pears		<u>Sides</u> Carrots Grapes		<u>Sides</u> Fiesta Beans Blueberries		<u>Sides</u> Broccoli Strawberry Cup	
26		27	Cheeseburger on GF Bun	28	GF Chicken Tenders	29	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips	30	Grilled Chicken Breast
		<u>Sides</u> Baked Beans Oranges		<u>Sides</u> Carrots w/dip Apple		<u>Sides</u> California Blend Applesauce		<u>Sides</u> Potato Rounds Diced Peaches	
J U N E	2	GF Chicken Nuggets	3	Hot Dog on a GF Bun	4	GF Pizza Pocket Pepperoni & Cheese	5	6	
	<u>Sides</u> Chef's Choice		<u>Sides</u> Chef's Choice		<u>Sides</u> Chef's Choice		Half Day Last Day 		

All menu items may contain: milk, eggs, fish/shellfish, or soy. *Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at allendale.familyportal.cloud USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.