




# Allendale Public Schools

## GSRP Menu November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 <b>Breakfast</b> - Blueberry Breadl, Peaches &amp; Milk <b>Lunch</b>– French Toast Sticks, Sausage*, Potato Triangle, Applesauce &amp; Milk <b>Snack</b> - Pretzels &amp; Orange Juice</p>	<p>7 <b>Breakfast</b> - Mini Waffle, Pears &amp; Milk <b>Lunch</b>– Stromboli, Leafy Greens, Orange &amp; Milk <b>Snack</b> - Cheddar Rice Cakes &amp; Fruit Punch</p>	<p>8 <b>Breakfast</b> - Stuffed Bagel, Banana &amp; Milk <b>Lunch</b>– Chicken Tenders Baked Beans, Peaches &amp; Milk <b>Snack</b> - Yogurt &amp; Grape Juice</p>	<p>9 <b>Breakfast</b> - Pancakes, Raisins &amp; Milk <b>Lunch</b>– Pasta &amp; Meat Sauce, Breadstick, Broccoli, Pears &amp; Milk <b>Snack</b> - President Crackers &amp; Milk</p>	<p>10 <b>No Program Today</b></p>
<p>13 <b>Breakfast</b> - Blueberry Bread, Peaches &amp; Milk <b>Lunch</b>– Pizza Crunchers, California Blend, Applesauce &amp; Milk <b>Snack</b> - Cheez It Crackers &amp; Wango Mango</p>	<p>14 <b>Breakfast</b> - Mini French Toast, Pears &amp; Milk <b>Lunch</b>– Cheeseburger On a Bun, Potato Rounds, Grapes &amp; Milk <b>Snack</b> - Popcorn &amp; Fruit Punch</p>	<p>15 <b>Breakfast</b> - Stuffed Bagel, Banana &amp; Milk <b>Lunch</b>– Quesadilla, Fiesta Beans, Strawberry Cup &amp; Milk <b>Snack</b> - Tortilla Chips &amp; Salsa</p>	<p>16 <b>Breakfast</b> - Pancakes, Raisins &amp; Milk <b>Lunch</b>– Chicken Leg, Mashed Potatoes, Green Beans, applesauce &amp; Milk <b>Snack</b> - Chex Mix &amp; Apple Juice</p>	<p>17 <b>No Program Today</b></p>
<p>20 <b>Breakfast</b> - Cereal, Peaches &amp; Milk <b>Lunch</b>– Chicken Nuggets, Corn, Applesauce &amp; Milk <b>Snack</b> - Flavored Raisins &amp; Milk</p>	<p>21 <b>Breakfast</b> - Mini Waffle, Pears &amp; Milk <b>Lunch</b>– Calzone, Steamed Carrots, Diced Pears &amp; Milk <b>Snack</b> - Apple Slices &amp; Cheesestick</p>	<p>22 <b>No Program Today</b></p>	<p>23 </p>	<p>24 <b>No Program Today</b></p>
<p>27 <b>Breakfast</b> - Cereal, Peaches &amp; Milk <b>Lunch</b>– Ham &amp; Cheese Pocket Sandwich, Broccoli, Applesauce &amp; Milk <b>Snack</b> - Cheddar Goldfish &amp; Fruit Punch</p>	<p>28 <b>Breakfast</b> - Mini French Toast, Pears &amp; Milk <b>Lunch</b>– Pepperoni Pizza, Cucumber Slices, Orange &amp; Milk <b>Snack</b> - Orange Loaf &amp; Milk</p>	<p>29 <b>Breakfast</b> - Bagel, Banana &amp; Milk <b>Lunch</b>– Chicken Sandwich, Carrots, Apple &amp; Milk <b>Snack</b> - Guacamole Cup &amp; Pita</p>	<p>30 <b>Breakfast</b> - Pancakes, Raisins &amp; Milk <b>Lunch</b>– Hot Dog on a Bun, Potato Smiles, Peaches &amp; Milk <b>Snack</b> - Munchies &amp; Grape Juice</p>	<p>1 <b>No Program Today</b></p>

Menu subject to change due to product availability. All menu items may contain: milk, eggs, fish/shellfish, wheat or soy. \* Contains Pork All grains served are whole. Complete an application at: [www.LunchApp.com](http://www.LunchApp.com) Please contact Jodi Brouwer, FSD at 616.892.5591 for more information. USDA is an equal opportunity employer and provider. Water Available Daily. Milk is unflavored low fat or fat free for students age 2-5 years.