



# Allendale High School January 2024 Menu

Breakfast & Lunch are  
FREE to ALL STUDENTS!

\*PLEASE NOTE\* - Milk only sales to students not taking Breakfast/Lunch are not a part of the program. Please deposit funds or call 616.892.5591



## Available Daily

Southwest Salad / Chef Salad  
Caesar Salad / Greek Salad  
Garden Salad / Chicken Bacon Salad

Fruit & Yogurt Platter  
Bagel w/Fruit  
Turkey Pinwheels  
Breaded Chicken Sandwich  
Spicy Chicken Sandwich  
Cheeseburger / Falconburger  
Chicken Nuggets  
Bosco Sticks  
Pizza by the Slice

Made to Order Sub Sandwich  
on Fresh Baked Bread

All Meals include:  
Choice of White or Chocolate Milk  
Fresh Fruit, Canned Fruit,  
and/or Vegetable

Monday	Tuesday	Wednesday	Thursday	Friday
8 Sweet & Sour Chicken Brown Rice Egg Roll	9 Twin Tacos Fiesta Beans	10 Macaroni & Cheese Garlic Breadstick Broccoli	11 Calzone Steamed Carrots	12 Meatball Sub Potato Rounds
15 French Toast Sticks Sausage Patty* Baked Apples Vegetable Juice	16 Walking Taco Fiesta Beans	17 Mini Corn Dogs Potato Rounds	18 	19 
22 Chicken & Waffle Broccoli	23 Chicken Fajita Peppers & Onions Spanish Rice	24 Chicken Tenders Mashed Potatoes Gravy & Corn	25 Pizza Crunchers Steamed Carrots	26 Club Sandwich Baked Beans
29 Waffle Sausage Patty* Baked Apples Vegetable Juice	30 Beefy Rice Burrito Fiesta Beans	31 Sausage*, Egg & Cheese Muffin Hash Brown	1  Lasagna Roll Up Garlic Breadstick Broccoli	2 Grilled Cheese Sandwich Tomato Soup

*Wrap of the Week: Grilled Chicken Southwest*

*Wrap of the Week: Ham\*, Turkey & Bacon\* Club*

*Wrap of the Week: Chicken Ranch Wrap*

*Wrap of the Week: Chicken Caesar Wrap*

Menu subject to change due to product availability. \*Contains Pork. All menu items may contain: milk, eggs, fish/shellfish, wheat or soy. If you have qualified for benefits in the past, please complete an application at: [allendale.familyportal.cloud](http://allendale.familyportal.cloud)  
Please contact Jodi Brouwer, FSD at 616.892.5591 for more information. USDA is an equal opportunity employer and provider.